

Prevention First™ for Health Care

CONTENT OUTLINE



Course Description

Designed specifically for health care professionals, Prevention First Online Training is a 30-minute, on-demand course to provide all roles and risk levels the foundational skills to foster a safer workplace. This four-lesson online course provides your staff with the skills to understand how to identify escalating behaviors, establish a common language across departments, and recognize when to call for help.

TRAINING COMPONENT	LEARNING INTENT AND OBJECTIVES
Lesson 1: Behind the Behavior	<ul style="list-style-type: none"> • Interpret the brain’s response to threat as one of the causes of distress behavior. • Identify preventive strategies to mitigate risk.
Lesson 2: The CPI Crisis Development ModelSM	<ul style="list-style-type: none"> • Identify behavior using the CPI <i>Crisis Development Model</i>SM. • Identify staff approaches effective in responding at each behavior level to prevent further escalation.
Lesson 3: Successful Intervention	<ul style="list-style-type: none"> • Recognize the need to maintain consistent, calm behavior in a crisis; and understand how the behavior of one person impacts the behavior of others. • Describe communication strategies to positively impact an individual’s behavior and prevent or de-escalate a crisis. • Describe a framework that helps guide staff through the process of establishing Therapeutic Rapport after a crisis.
Lesson 4: Assessment	<ul style="list-style-type: none"> • Summarize the training. Complete an online quiz and survey

TOTAL RUN TIME: 30 minutes