

6 Daily Mantras for a Positive Classroom

When a student gets anxious,



I'll be as supportive as possible.

I'll remember to use every behavioral hiccup as a learning opportunity for students and staff. ”



Should a child's behavior escalate, **I won't panic—I have a plan in place and I will follow it.**



I will give positive support

when a student re-engages with the classroom after a crisis.

If a student gets disruptive, **I'll take a deep breath before reacting or responding.** ”

” Deep breaths. **The only behavior I can control is my own.**